



Athletics
ACT

**Annual Report
2011/2012**

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Board Of Management

President

Alex Gosman

Directors

Andrea Ilakovac– Finance Director
 Hannah Flannery – Media and Publicity Officer
 Neil Boden
 Laura Garvican
 Chris Butler
 Jenny Price

Administrative Officer

Wendy Pinkerton

Life Members

Mr Daryl Cross	Mr Owen Heness
Mrs Joan Cross	Mr Dave Hobson
Mr Malcolm JA Davies	Dr Eugene Magassy*
Mr Ewan Drummond	Mrs Dot Mills
Mr Ken English	Mr Michael Morris
Mr Ian Galbraith	Mr Gerard Ryan
Mr Jack Gallagher	Mr Tom Stead
Mr Greg Gilbert	Mr Michael Thomson
Mr John Harding	Mr Denis Wilson AM

Service Merit Award Holders

Mr Alan Bishop	Mr John Gilbert
Mr David Cundy	Mr Laurie Keaton
Mr Malcolm JA Davies	Mrs Dot Mills
Mrs Carol Dawes	Mr John Muir
Mr Greg Gilbert	Mr Peter Waddell*
	<i>* Deceased</i>

Affiliated Members

Bega Athletics Club	Queanbeyan Athletic Club
Cooma Athletic Club	South Canberra-Tuggeranong Athletic Club
Goulburn Mulwaree Athletic Club	Weston Creek Athletic Club
Junior Talent Squad	Woden Harriers Athletic Club
North Canberra Gungahlin Athletic Club	

AACT Elected Officials & Committees

Media & Publicity Officer	Hannah Flannery
Equipment Officer	Chris Timpson
Records Officer	Paul Torley
Registrar	<i>vacant</i>
Statistician	Mick Morris
Member Protection Information Officer	Wendy Pinkerton
IT Officer	<i>vacant</i>
Track & Field Competition Committee Chair	Gerard Ryan
Track & Field Selection Committee	Kathy Southgate
	Cathy Tanks
	Paul Torley
	<i>vacant</i>
Cross Country & Road Running Competition Committee Chair	Ian Boyd
Cross Country & Road Running Selection Committee	Paul Torley
	<i>vacant</i>
Officials Committee	<i>vacant</i>
Development Committee	<i>vacant</i>
	<i>vacant</i>
	<i>vacant</i>
Athletes Representative Committee	Martin Dent
	Scott McTaggart
	<i>vacant</i>
Social Committee	<i>vacant</i>
	<i>vacant</i>
	<i>vacant</i>
Race Walking Selection Committee	Robin Whyte
	Phil Reading
	Peter Boden
	Doug Fitzgerald
	Wayne Thomas
	Owen Heness
	Chris Timpson
	Neil Boden
	<i>vacant</i>
	<i>vacant</i>
	<i>vacant</i>
	<i>vacant</i>
Awards Officer	Bronwyn Fagan
Constitution Officer	Mick Morris
ACT Olympic Council	<i>vacant</i>
Honorary Auditor	<i>vacant</i>
Honorary Solicitor	<i>vacant</i>
Honorary Surveyor	<i>vacant</i>
Public Officer	Alex Gosman

**Annual General Meeting**

6.00pm, Friday 27 May 2011
Hellenic Club of Canberra
Matilda St
WODEN ACT 2606

2011 Annual General Meeting Minutes

Meeting commenced at 6:00pm

1. Welcome

John Armstrong (AACT), Alan Bishop (ATFCA-ACT/SCT), Kerry Boden (ACTLA/NCG), Neil Boden (Board/NCG), Peter Caley (WC), Reuban Caley (WC), Val Chesterton (ACT Race Walkers), Ian Colquhoun (Officials Comm/SCT), Martin Dent (WC), Hannah Flannery (SCT), Laura Garvican (Finance Director/WC), Alex Gosman (President/NCG President), Anthony Haber (NCG), Owen Heness (NCG/Life Member), John Hunt (NCG), Jane McGlew (SCT), Scott McTaggart (NCG), Dorothy Mills (Life Member), Geoff Monro (President SCT), Wendy Pinkerton (Exe. Officer), Jenny Price (JTS), Michael Reading (NCG), Phil Reading (NCG), Tony Reilly (President ACTLA), Mike Sexton (SCT), Cathy Tanks (SCT), Chris Timpson (JTS), Robin Whyte (ACT Race Walkers).

2. Apologies

Pat Birgan (QBN), Ian Boyd (WH), Dave Hobson (Life Member), Mick Morris (Registrar/Statistician/SCT), Bronwyn Parsons (NCG), Gerard Ryan (T&F Comp Comm/WH President), Kathy Southgate (T&F Select Comm/NCG), Denis Wilson AM (Patron/Life Member/Tech Comm/WC)

3. Confirmation of 2010 Annual General Meeting Minutes

Proposed Minutes be accepted. Moved. Chris Timpson. Seconded: Kerry Boden. Carried

4. Business Arising From Previous Minutes

None

5. Reports**5.1 President**

Report tabled and presented by Alex Gosman.

- Reported on how AACT stands now compared to three years ago in terms of finances, administration, communications, competition structure and external relationships. Over the past two years the Board has focused on getting the "fundamentals" of the Association right through developing a comprehensive strategic direction and implementing the measures necessary to lay the base for a revitalization of the sport.
- In 2011, highlights included 9 ACT athletes selected for the Commonwealth Games, a revamped and much improved web site, continued improved relationships with our sister athletic organizations and Government and an increased focus on development. The downside is at best stable membership and an increasing difficulty in obtaining sufficient volunteers and officials.
- The challenges going forward lies in further increasing the co-operation with our sister athletic associations, continuing to revamp and inject more excitement into the competition structure, increasing the number of volunteers/officials, resolving the club structure issues and providing a development framework.
- Under a very professional and disciplined treasurer AACT again returned surplus in 2010 which provides the Executive with considerably more confidence and certainty in running the association.

5.2 Development

John Armstrong presented his proposal on development opportunities for AACT.

- A coaches meeting was held recently to gain knowledge on where AACT stands: is AACT just a setting a stage for elite athletes or is it development? Positive discussions were made on where AACT currently stands and where it could be.
- AACT needs to modify its competition structure to what athletes are after. Look into what competitions structures have been successful with other organisations and modify it is for AACT.
- A planning meeting for the Track & Field competition in 2011/2012 will be held on June 8. There will be reps in attendance from the clubs, officials, ACTVAC, ACTLA, AIS and YMCA of Canberra Runners.

5.3 Finance Report

Report tabled.

- ACT Athletics Association made a profit of \$24,532 for the year ended 31 December 2010 compared to a profit of \$7,652 in 2009 and large losses in previous financial years. This profit was largely driven by a reduction in expenses, particularly office operation expenses.
- Total revenue for the year was on budget but down by \$20,016 from the 2009 financial year. This decrease from the previous year is largely explained by the 'Volunteers Grant' that was not funded during 2010.
- Total Expenditure was down by \$36,896 (34%) from the 2009 financial year and below budget by \$7,263. This decrease in expenditure is largely due to a \$29,121 reduction in Office Operating Expenses due to the shift away from a Full Time Executive Officer position to a Part-Time Administrative Officer position.
- In 2011 the Association has once again applied for the Triennial Administration Funding, however this year the Association has been successful in receiving an increase in this funding from \$14,000 to \$22,000.
- In 2011, AACT has budgeted for additional funding on development.

5.4 Media and Publicity Officer

Report tabled and presented by Hannah Flannery.

- Sought to keep members updated with event details, race results, notifications of event changes and highlight National Championship performances. Encouraged members to send through news, event information or related athletics material, and personal competition reports or announcements that you would like the website to feature.
- The revamp of the AACT website was instigated by member dissatisfaction and has been a significant step forward for the association.

5.5 Cross Country & Road Running Competition Committee

Report tabled.

- At the AACT AGM in May 2010, no Competition Committee Chair was nominated to run the 2010 winter club competition.
- Despite there being no competition committee, AACT was still able to conduct a Championship event held jointly with ACT Vets in July 2010 at Weston Park. With some difficulty in receiving assistance from all the clubs, the races were conducted successfully and were used as the basis of selecting a team to compete at the Nationals in August in Brisbane.
- While not actually occurring during winter, AACT also hosted the Athletics Australia Selection Trials for the World Cross Country Championship in January 2011. This was held at Stromlo Forest Park and a wide range of people responded to a request for helpers from clubs, the vets and the general community.
- In August 2011, AACT and ACT School Sport will jointly be conducting the Athletics Australia and School Sport Australia National Championships at Stromlo Forest Park. It would be expected that a significant number of people from all the AACT clubs will assist the Local Organising Committee, in various ways, to conduct a Championship at the required level of professionalism.

5.6 Cross Country and Road Racing Selection Committee

Report tabled.

- At the Australian Mountain Running Championships, Scott McTaggart (NCG) won the gold medal in the open men's while Vanessa Haverd (WC) won the gold medal in the female event. Stuart Doyle (SCT) won the bronze medal in the open men's event. McTaggart and Haverd were both selected to represent Australia in the World Mountain Running championships later in the year.
- At the Australian Cross Country Championships, Martin Dent (WC) won the gold medal in open mens and the team of Dent, Alan Craigie (WC), Anthony Haber (NCG) and Philo Saunders (WC) won the teams bronze medal. In the open female event, the team of Emily Brichacek, Michelle French, Louisa Lobigs and Iona Halliday (all WC) also won the teams bronze medal. There were also some outstanding performances from some of the younger athletes. Callum McClusky (WC) won the silver medal in the 12 years and Joshua Torley (WC) won the gold medal in the 11 years.
- At the Australian Marathon Championships were held on 10 October in Melbourne, Rowan Walker (NCG) was the first Australian (third overall) while Scott McTaggart (NCG) was third Australian (fifth overall). The team of Walker, McTaggart, Michael Chapman (WC) and Julian Dent (NCG) won the team silver. The renewed emphasis on the importance of State/Territory representation and availability of an assistance package has partially resolved the difficulty the selectors have noted in the past in finding interested athletes to compete in this championship.
- The selectors received no information on the Australian Half Marathon Championships and consequently no selections were made. We are pleased to report, however, that the Australian Half Marathon Championships have been awarded to the Sydney Running Festival for the 2011/12 season and perhaps there may be an assistance package to stimulate State/Territory interest.

5.7 Officials Committee

Report tabled and presented by Ian Colquhoun.

- Thanks to Peter Boden for organising the school carnivals.
- Thanks to Tracey and Dave Gould for organising the Summer competition officials roster. Unfortunately it is difficult to find officials to do this job for more than one year.
- Congratulations to Daniel Sharman for becoming a new official.
- It is sad to see lack of officials from the club structure.
- Ian is stepping down from the Officials Committee after 10 years. Thanked everyone for their support.

5.8 Race Walking Selection Committee

Report tabled.

- Our membership is continuing to grow but there is still a long way to go. As a result of our increased club numbers, fields in ours and other organised events have been the biggest for many years with a number of walkers putting in outstanding performances. Again a big thank you to ACT Veteran Athletic Club who once again have supported us through combined events, equipment loan and volunteers and officials.
- Special mention to Brendon Reading who this year has, competed in the World Race Walking Challenge, a 20km race in China and done a PB of 1hr 24min. In April 2010 Brendon was invited by the Hong Kong Athletics Association to compete in the Open Elite 10K Road Walk at the annual Hong Kong MTR Race Walking Carnival. He finished 2nd to a Chinese walker. In December he competed in the 20K support event at the Australian 50K Championships finishing 3rd in a time of 1:27.33 which was a 35Sec PB and an "A" qualifying time for the World University Games. February saw him compete in the Australian 20K championships, which was also the first leg of the IAAF World Race Walking Challenge, and Oceania Championships. With a strong international field, Brendon finished 10th in a time of 1:27.30 which was another PB and World University Games qualifier. His performances saw him invited to compete in the Athletics Australia 5K tour event in Sydney in March where he finished sixth in a time of 20:19, a 52 sec PB.

5.9 Technical Committee

Reported Tabled and presented by Chris Timpson.

- A big loss to the technical committee and AACT is the moving away from Canberra of Greg Gilbert. Greg has given many many years to athletics and it be very difficult to replace him with the technical knowledge he posses. He gave much of his time to maintenance of equipment and replacement of equipment. He was also a great support to many in the coaching area especially of AWD. Wished Greg well in the future.
- Another main stay of ACT technical has been Denis Wilson. Who is not standing for the ACT Technical Committee this year, but he will still be involved with the IAAF technical committee and Athletics Australia, facilities and equipment committee. Thanked him for his support over many years and hope to see him at some of our ACT meets in the future.
- Most of the AA equipment has been moved to Sydney so a full inventory of the ACT and AA equipment is in progress and will be available by the start of the ACT summer season. Once this is completed AACT will have an idea of any new or repaired equipment required.

5.10 Track & Field Competition Committee

Report tabled.

- The season was challenging, with the major event being the hosting of the 2010 Athletics Australia Athletes with a Disability Junior Championships. In addition we again held our Junior Championships over two successive weekends in February and the Open Championships were held jointly with the Veterans over two and a half days of one weekend. At this event, there were adequate numbers of Officials and helpers from both groups. From an analysis of results, the numbers of athletes competing was very low with a total of 86 entries in AACT events. Of these entries, 42 were from ACT athletes representing only 29 different athletes (and about 6 of these were juniors).
- There was a club and officials meeting held in May 2010 to discuss permit and non-permit meets, days of competition, timing of meets and event changes. Some major clubs failed to either supply representatives or give their apologies. Early in the season a club representative meeting was held to discuss the concerns about clubs meeting their quotas of helpers and again some clubs failed to be represented.
- The season had 15 competition weeks, an increase from last year. Few of the Nationals bound athletes took part in the last two meets of the season due to clashes with other meets they were competing in..
- We continued with the Friday night initiative from last season with half the meets held on this night of the week. There were occasional comments received to say that having different nights was confusing. With very few competitors this year on any competition night coming from Cooma, Goulburn, Yass and Bega.
- ACT Vets again were generous in their support of the walking community hosting a walk each Thursday. Walkers were still able to compete at Summer Competition but not in designated walking events.
- Separate nights were held for the 10km Championship, held jointly with the Vets and the 3/5km held at the end of a normal Summer Competition program. The 5km was exceptional with 39 starters. The 3/5km event was bolstered by ACT Triathlon using it as a lead up race to their Nationals.
 - *Issues for the future to be discussed:*
 - Lack of support by a majority of athletes to help out running the meets. As discussed last year at the AGM to have an option of an increased registration fee for those who do not help out.
 - Day of Competition.
 - Open Championship's future as a stand-alone event.
 - Non-registered athletes competing in Championship events.
 - More joint opportunities with Veterans to ease the workload of officials/helpers of both groups.

5.11 Track & Field Selection Committee

Report tabled.

- A team of 42 athletes were selected to represent the ACT at the 2010 Australian All Schools Championships
- A team of 44 athletes were selected to represent the ACT at the Australian Junior Championships. Thirteen medals were won by the ACT team as well as many top 5 finishes. This is a great result for the team, which included quite a few athletes attending their first senior Australian Championships.

Reports moved by Hannah Flannery, seconded by: Chris Timpson

6. Financial Statement of Accounts

Report tabled as above. Moved: Phil Reading. Seconded: Scott McTaggart. Motion: Carried.

7. Election of Office Bearers**7.1 President**

Alex Gosman renominated and elected for a further year.

7.2 Finance Director

Laura Garvican nominated and elected for 2 years.

7.3 General Board of Directors

Neil Boden and Hannah Flannery renominated and elected for 2 years.

7.4 Track & Field Competition Committee Chair – 1 year

Gerard Ryan renominated and elected for 1 year term.

7.4.1 1 representative from each AACT club to form the committee

BEG - vacant position, no nominees

COO - vacant position, no nominees

GM - vacant position, no nominees

JTS - vacant position, no nominees

NCG - vacant position, no nominees

QBN - vacant position, no nominees

SCT - vacant position, no nominees

WC - vacant position, no nominees

WH - vacant position, no nominees

7.5 Track & Field Selection Committee

7.5.1 Kathy Southgate nominated and elected for 1 year term.

7.5.2 Paul Torley nominated and elected for 1 year term.

7.5.3 Cathy Tanks nominated and elected for 1 year term.

7.6 Cross Country & Road Running Competition Committee Chair

VACANT position, no nominees. No representatives nominated.

7.7 Cross Country & Road Running Selection Committee

7.7.1 Ian Boyd nominated and elected for 1 year term.

7.7.2 Paul Torley nominated and elected for a 1 year term.

7.7.3 Christine Pauling nominated and elected for 1 year term.

7.8 Race Walking Selection Committee

7.8.1 Phil Reading nominated and elected for 1 year term

7.8.2 Peter Boden nominated and elected for 1 year term

7.8.3 Robin Whyte nominated and elected for 1 year term

7.8.4 Doug Fitzgerald nominated and elected for 1 year term

7.9 Awards Committee

- 7.9.1 Neil Boden nominated and elected for 1 year term.
- 7.9.2 VACANT position, no nominees
- 7.9.3 VACANT position, no nominees

7.10 Officials Committee

- 7.10.1 VACANT position, no nominees
- 7.10.2 VACANT position, no nominees
- 7.10.3 VACANT position, no nominees

7.11 Technical Committee

- 7.11.1 Chris Timpson nominated and elected for 1 year term.
- 7.11.2 Wayne Thomas nominated and elected for 1 year term.
- 7.11.3 Owen Heness nominated and elected for 1 year term.

7.12 Athletes Representative Committee

- 7.12.1 Scott McTaggart nominated and elected for a 1 year term.
- 7.12.2 Martin Dent nominated and elected for 1 year term.
- 7.12.3 VACANT position, no nominees

7.13 Constitution Officer

VACANT position, no nominees

7.14 Development Committee

- 7.14.1 Scott McTaggart nominated and elected for a 1 year term.
- 7.14.2 VACANT position, no nominees
- 7.14.3 VACANT position, no nominees

7.15 Social Committee

- 7.15.1 VACANT position, no nominees
- 7.15.2 VACANT position, no nominees
- 7.15.3 VACANT position, no nominees

7.16 Member Protection Information Officer - Male

VACANT position, no nominees

7.17 Member Protection Information Officer - Female

VACANT position, no nominees

7.18 IT Officer

VACANT position, no nominees

7.19 Registrar

VACANT position, no nominees

7.20 Awards Officer

VACANT position, no nominees

7.21 Records Officer

Mick Morris nominated and elected for a 1 year term.

7.21 Equipment Officer

Chris Timpson nominated and elected for a 1 year term.

7.23 Media and Publicity Officer

Hannah Flannery nominated and elected for a 1 year term.

7.24 Statistician

Mick Morris nominated and elected for 1 year term.

7.25 Honorary Auditor

Terina Brierly nominated and elected for 1 year term.

7.26 Honorary Solicitor

VACANT position, no nominees

7.27 Honorary Surveyor

VACANT position, no nominees

7.28 Delegates to ACT Olympic Council

7.28.1 Bronwyn Fagan nominated and elected for a 1 year term.

7.28.2 Alex Gosman. President becomes second delegate.

7.29 Public Officer

Alex Gosman. President fills this position.

8. General Business

- **Motion** – To delete clause 6.3 of the AACT Constitution and subsequently re-number the remaining clauses in the Life Membership section.
Moved: Ian Colquhoun, seconded by Owen Heness. Carried.
- **Motion** – To award life membership to Tom Stead, Mick Morris, Gerard Ryan and Greg Gilbert.
Moved: Scott McTaggart, seconded by Chris Timpson. Carried.
- Voted on the 2010/2011 Registration Fees
- Sought input on the floor on the club structure. Hannah Flannery suggested that more events are held combined with ACTVAC as this is more efficient for volunteers and officials and provides a better atmosphere.
- Discussed the running of club cross country events during winter. They are designed for younger athletes and do not clash with high noon meets.
- Discussion on club structure. Scott McTaggart appreciates the history of the club structure but extra activities are currently done by club members that could be available for the whole association.

Meeting closed at 7.00pm.

President's Report

As commented previously the past few years for Athletics ACT has represented a significant point of inflection as at the executive level the Board has focused on establishing a viable platform for supporting athletics in Canberra and the region. Experience has shown that for any sport to be successful on the "field" at either the club or competition level it needs to be financially and administratively strong.

Three years of strong financial surpluses have greatly improved the Association's financial position such that in the past year we have felt able to start "investing back" into the sport focusing on those areas necessary to strengthen athletics in the ACT and region.

REVIEW OF AACT CLUB STRUCTURE

The Board commissioned in 2011 a consultant report by Justin Barrie into the club structure within the ACT, an area where many participants have argued there needs to be a review. In undertaking the study Justin consulted widely, not only with club Presidents but other interested parties including some of the other states athletic associations. The general conclusion was that the club structure was struggling primarily owing to constraints on people's time – interestingly not only in the ACT.

A full copy of the Report is on the AACT website. The Board also decided to increase affiliation fees for clubs, of which a significant amount to be rebated on the basis of the contribution of clubs in such areas as providing volunteers, officials etc.

Broad recommendations from Justin's report included

- Some action must be taken to address declining participation numbers both in competition and in club operations because the status quo is unsustainable.
- The forced merger of Clubs is not a definitive answer to ensuring sustainability and in fact may lead to the reduction in numbers of volunteers as historic club ties evaporate.
- The emergence of Athletics ACT as a comprehensive service provider, rather than a continued reliance on the distributed resources of clubs, seems like the most affective way to ensure the ongoing viability of a club infrastructure.

The Board has given detailed consideration to Justin's report and accepts its key recommendations namely no "forced mergers" and a great role for Athletics ACT as a "comprehensive service provider". We are already looking to a number of initiatives in this area as detailed below.

REVAMPED COMPETITION STRUCTURE

Last year I spoke of the need to look at approaches to revamp the competition structure and this season we introduced three new events: "The Runners Shop 3km", "The Runners Shop Mile" and a combined event in mid February. All were extremely well patronised and we hope that they can become annual events. The 5km championship event also attracted a huge field with a number of local triathletes using it as a time trial.

AACT would particularly thank our sponsors of these events – Nick and team at the Runners Shop, Weston Creek, North Canberra Gunghalin Athletics and South Canberra Tuggeranong. The combined event would not have been possible without the efforts of Dianne Calvert and her 'local organizing team' who not only came up with the concept but then put huge efforts into attracting a large field of athletes including many from interstate.

Introducing these new events also highlights the importance of the Competition Committee in developing the structure of the season and the importance of member club input to Gerard Ryan, the Chair of the Committee.

We are also looking at building on the strong support for the High Noon meets and running a 100 metre fun run in September.

AWD SUPPORT

The ACT has a vibrant AWD community via the Junior Talent Squad (JTS) who are keen participants in the activities of AACT and unlike most states are fully integrated into the local association. The high levels of participation and the great results achieved at the national and international level are a tribute to the efforts of Chris Timpson, Jenny Price and other members of the Junior Talent Squad.

The AACT Board is keen to assist the JTS in developing a sustainable coaching structure that will be crucial to the growth of the sport and attracting new entrants. A new coaching structure has been developed and some initial funding will be provided via participation funding from Athletics Australia. JTS and AACT have recently made a comprehensive submission to the ACT Government for funding under the Inclusiveness Program and we are confident of support.

VOLUNTEERS AND OFFICIALS

Volunteers and officials are crucial to the sustainability of athletics, probably more so than any other sport. The efforts of the many individuals who contribute, often now with no personal connection, are often unappreciated. As a token of appreciation from the Board for their efforts AACT hosted a thank you dinner for volunteers and officials in April. Ian Colquhoun is also coordinating a number of introductory officiating courses during the winter High Noon meets.

Specific highlights include 9 ACT athletics selected for the Commonwealth Games, a revamped and much improved web site, continued improved relationships with our sister athletic organizations and Government and an increased focus on development. The downside is at best stable membership and an increasing difficulty in obtaining assistance by volunteers and officials.

EXTERNAL RELATIONS

AACT appreciates the opportunity for ongoing co-operation with our sister athletic associations. These relationships have evolved to a very communicative and professional level as typified by our joint lobbying on a new synthetic athletics track at Stromlo Forest Park and support for the ACTVAC bid for the Masters Championships in Canberra in 2013.

Going forward we would like to look to the opportunity to work with Little Athletics in the development of those athletes in the transitional age groups to keep talented youngsters engaged in the sport as they move to senior competition.

ACT has also increased its liaison with the ACT Government through the Sports and Recreation Division and we received a significant increase in our triennial grant and as mentioned previously have made an application for a grant under the Inclusiveness Program. We again extend our appreciation for the ongoing funding support provided. We have also engaged further with AA and received funding support for a number of development activities.

- **Develop a coaching structure that provides coaching services to all levels of athletes.**

AACT has established a good rapport with Dennis Goodwin, President of the ACT T&FCA who has brought a new level of energy to the coaching fraternity and is proactive in promoting the development of coaching in the ACT and region. The future of athletics depends very much on this group to convert "promise" into "performance" and Canberra has a unique coaching "independent" structure (where coaches are not affiliated with clubs).

This is however an area where we need to allocate more resources.

SUPPORT FOR DEVELOPING ATHLETES

AACT has been in touch with both ACTAS and AA re playing a greater role in assisting the development of high performing athletes in the ACT recognizing the funding constraints upon ACTAS. Consistent with the recommendations of Justin to play more of a service provider role AACT is looking to the opportunity of initiating a development program to support emerging athletes by providing some funding albeit small. The criteria for this program is currently being developed.

ATHLETIC PERFORMANCE

2011 has again resulted in a strong year of performances by ACT athletes at both senior and junior competition and several ACT athletes have been selected for the Olympics as at May. We wish them all the best in their endeavors in London.

There was strong representation by ACT athletes at the Australian All Schools Championships in Brisbane in December 2011 and the ACT won a record 22 medals at the Australian Junior Championships in Sydney in March 2012.

Under a very professional and disciplined Treasurer AACT again returned a surplus which provides the Executive with considerable more confidence and certainty in running the association.

AACT was particularly lucky in engaging Wendy Pinkerton in late 2009 as our Administrative Officer. With a background in sports administration Wendy continues to effectively manage the AACT Office in an extremely professional and friendly manner – all in a modest but positive and proactive manner. Great job Wendy.

I would pay a tribute to my fellow Board members for their great support in so many areas – thanks Andrea, Hannah, Chris, Jenny, Laura and Neil. The addition of a number of new and active Board members has been a key to the efforts of the AACT Board over the past year. And also a big thanks to all the volunteers and in particular Gerard Ryan for his work in managing all competition activities during the year.

We will also be reviewing and updating our strategic plan during 2012.

In last years report I spoke of the many challenges to the sport of athletics in the ACT and Australia including declining numbers of competitors, competition for potential athletes of the future from other sports and the support provided by the club network.

I feel that the AACT Board, despite its limited numbers has actively looked to address these areas through initiatives in the areas of competition, development and co-operation in 2011/12. Not all have been completed and some will take a period of time to come to fruition but we feel we have made a strong start.

Alex Gosman
President

Finance Directors Report

Athletics ACT made a profit of \$24,363 for the year ended 31 December 2011 compared to a profit of \$24,532 in 2010 and a profit of \$7,652 in 2009. This profit was largely driven by an increase in grant funding received throughout the year.

Total revenue for the year was up by \$24,190 from the 2010 financial year and over budget by \$19,457. This significant increase is largely explained by the \$11,000 Olympic Training Grant received from the Government and the additional \$12,000 in grant funding received from Athletics Australia.

The increase in revenue is matched by an equal increase in expenditure. Expenditure was up by \$24,359 from the 2010 financial year and over budget by \$17,756. This increase in expenditure is largely due to the distribution of grant funds received. Additionally, there was significant expenditure of \$16,237 to purchase AACT uniforms.

In summary, the Association's financial position remained strong since 2011 and has shown significant improvement from prior years. Increasing cash reserves continue to generate good interest income through term deposits.

I recommend that the Association accepts these statements as a true and fair representation of the Association's financial activities for the year ended 31 December 2011.

Andrea Ilakovic
Finance Director

ACT Athletics Association
Profit & Loss Statement
for the year ending December 2011

	Notes	Budget	2011
Revenues			
Registration Revenue	2	\$21,778	\$24,157
T&F Competition Revenues	3	\$14,438	\$13,826
Development Revenues	4	\$6,000	-
Government Grants	5	\$22,000	\$33,900
Sponsorships	6	-	\$12,000
Officials Related Revenue	7	\$194	-
ACT Team Revenues	8	\$16,514	\$19,928
Support to Carnivals	9	\$15,715	\$15,970
Miscellaneous revenue	10	\$5,616	\$1,929
		<u>\$102,254.71</u>	<u>\$121,711</u>
Total revenues:			
Expenses			
Office Operation Expenses	11	\$17,051	\$21,108
Board of Management Expenses	12	\$796	\$1,721
Competition Expenses	13	\$20,377	\$19,371
Development Expenses	14	\$14,562	\$8,641
Depreciation Expense	15	\$1,979	\$2,009
Write Off Expense	16	-	-
Officials Expenses	17	\$2,547	\$2,931
ACT Team Expenses	18	\$16,454	\$25,585
Miscellaneous Expenses	19	\$5,826	\$15,982
		<u>\$79,592.50</u>	<u>\$97,348</u>
		<u>\$22,662.21</u>	<u>\$24,363</u>
		<u>Operating Profit/(Loss):</u>	<u>\$24,363</u>

ACT Athletics Association
Balance Sheet
as at 31 December 2011

	Notes	Budget	2011
Assets			
Cash	20	\$90,000	\$77,046
Receivables	21	\$5,000	\$22,129
Prepayments	22	-	-
Non Current Assets	23	\$9,000	\$7,593
Inventory	24	\$17,000	\$18,577
	Total assets:	<u>\$121,000</u>	<u>\$125,346</u>
Liabilities			
Creditors	25	\$500	\$3,145
	Total liabilities:	<u>\$500</u>	<u>\$3,145</u>
	Net assets/(liabilities):	<u>\$120,500.00</u>	<u>\$122,200</u>
Equity			
Asset Revaluation Reserve		\$2,253	\$2,253
Retained earnings		\$95,585	\$95,585
Current year earnings		\$22,662	\$24,363
	Total equity:	<u>\$120,500.00</u>	<u>\$122,200</u>

ACT Athletics Association
Cash Flow Statement
for the year ending December 2011

	Notes	Budget	2011
Operating activities			
Cash received			
Registration & Affiliation		\$21,778	\$24,157
Competition		\$14,438	\$13,826
Grants and Sponsorships		\$22,000	\$45,900
Interest		\$1,441	\$1,689
GST Collected		-	\$84
Other		\$42,597	\$18,696
Total cash received		\$102,255	\$104,352
Cash used			
Employee		(\$13,858.84)	(\$16,621)
Other Administrative		(\$3,191.68)	(\$13,145)
Board of Management		(\$796.12)	(\$1,721)
Competition		(\$23,921.42)	(\$19,371)
Fees, Interest and Charges		(\$153.00)	(\$185)
GST Paid		-	-
Other		(\$39,710.10)	(\$36,127)
Total cash used		(\$81,631.16)	(\$95,357)
Net cash movement from operating activities	26	\$20,623.55	\$8,995
Investing activities			
Cash used			
Purchase of Administrative Assets		-	(\$146)
Purchase of Competition Equipment		-	-
Purchase of Medals		-	(\$1,179)
Total cash used		-	(\$1,325)
Net cash movement from investing activities		-	(\$1,325)
Nil financing activities			
Net cash movement		\$20,623.55	\$7,670
Prior year closing balance		\$69,376.45	\$69,376
Current closing balance		\$90,000.00	\$77,046

Media and Publicity Officer Report

This season AACT members have been kept informed by regular e-news distributed by Wendy. The mail chimp newsletter has been an effective way to keep members informed if they are not regular visitors to the website.

AACT has also recently developed a Facebook page and Twitter account. We've now got a social media presence and encourage you to 'like' and 'follow' to share in the banter and help us build local awareness about what's happening in ACT's athletics community.

Facebook – Search Athletics ACT

Twitter – Follow @ACTAthletics

In the coming season we would like to review members use of the website via an online survey. In doing this we will be able to determine if members are accessing the information they require easily and seek feedback and ideas for improvement.

As the Olympics approaches, local media have begun taking greater interest in Athletics. Most frequently, The Canberra Times, Mix 106.3, ABC news and ABC radio have been interested in following the success of local athletes chasing Olympic selection. My role as media officer has primarily been to provide local media with information about a range of events and also to provide them with access to contact information for the relevant athletes.

Wendy has continued to keep members updated with event details, race results, notifications of event changes and has consistently provided members with reports of athlete interstate performances via the website.

Again, I would like to all invite all members to send an email at any time detailing news, event information or related material that you would like our website to feature. Members are also very welcome to share personal race/competition reports as feature athlete stories for our site. Please send all such web material to hannahflannery@hotmail.com

I'd like to thank Wendy for all her work this over the past year. Also thanks to my fellow board members Alex, Neil, Andrea, Chris, Laura and Jenny.

Hannah Flannery

Cross Country and Road Running Committee Report

The following report is on behalf of the non-existent 2011 Winter Competition Committee.

In August 2011, AACT and ACT School Sport conducted the Athletics Australia (AA) and School Sport Australia National Championships at Stromlo Forest Park. Just over 1000 athletes competed at the Championships. A very small organising committee (two members from WH, one from SCT and the ACT School Sport Executive Officer) conducted the Championship but, on the actual competition day, excellent support from the YMCA Canberra Runners Club, ACTVAC and some of the AACT clubs resulted in a great weekend of competition. A full report was sent to AACT. A set of instructions on the logistics of running this event was sent to the office for its next time in Canberra in 2018.

As has been the case over the last few years, at the AACT AGM in May 2011, no Competition Committee Chair was nominated to run the 2011 or 2012 winter club competition.

Despite there being no competition committee, AACT was still able to conduct a Cross Country Championship event held jointly with ACT Vets on June 18th 2011 at Stromlo Forest Park. The races were conducted efficiently and successfully and were used as the basis of selecting a team to compete at the Nationals in August held in Canberra. The 2012 ACT Cross Country Championships (joint event with ACTVAC) have already been booked for Stromlo Forest Park for June 16th and these will be the selection trials for this year's Nationals to be held in Adelaide.

As AA has moved to representative teams for the World Championships every two years, we did not have to host the selection trials normally held in January.

It would be reliant on the nomination and election of a Chair at tonight's 2012 AGM for a Winter Competition Committee to be in place to run a club completion for the 2013 Winter season. I believe it is again too late for anything to be done during the current 2012 winter season to conduct a club competition.



Gerard Ryan

Cross Country and Road Running Selection Committee Report

Athletics ACT selected Ian Boyd and Paul Torley as the selection panel for the 2011/12 season. The committee made selections for the Athletics Australia and Australian All Schools Cross Country Championships, the Australian Half Marathon Championships and the Australian Marathon Championships. The Selectors also drafted Athletics ACT Selection Policies for the 2011 Australian Mountain Running Championships, the 2011 Athletic Australia Cross Country Championships, the 2011 Australian Half Marathon Championships and the 2011 Australian Marathon Championship.

The Australian Mountain Running Championships were held at Camp Mountain in Queensland on 29 May. Insufficient interest was expressed to select teams but Elizabeth Humphries won the silver medal in the open female event.

The Athletics Australia and Australian All Schools Cross Country Championships were held on 20 August in Canberra. Selections were made in open and under 20 men and open and under 20 women. In the younger age groups, as is now the selectors' policy, the selectors did not re-select athletes who had already been named in the School Sport ACT team. Rather, the selectors only selected a small number of athletes registered with Athletics ACT who had not been selected in this team, and in the selectors' opinion, had performed at a sufficiently high level to represent Athletics ACT. In the open male event, Martin Dent (WC) won the silver medal and the team of Dent, Erwin McRae (NCG), Philo Saunders (WC) and Anthony Haber (NCG) won the teams bronze medal. In the open female event, Emily Brichacek (WC) won the gold medal, Lisa Corrigan (WC) won the silver medal and the team of Emily, Lisa, Sarah McRae (WH) and Louisa Lobigs (WC) won the teams gold medal. Weston Creek was also the first club. There were also some outstanding performances from some of the younger athletes with Joshua Torley (WC) winning the silver medal in the 12 years School Sport Australia Cross Country Championships.

The Australian Half Marathon Championships were held on 18 September in Sydney. Selections were made in both the male and female divisions but some late withdrawals due to illness resulted in no female team. In the male division, Erwin McRae (NCG) won the silver medal and the team of Erwin, Michael Chapman (WC) and Brad Hetharia (WC) won the team silver.

The Australian Marathon Championships were held on 9 October in Melbourne. Selections were made in the male division only. Erwin McRae (NCG) was the fourth Australian (sixth overall) and the team of Erwin, Ian Dias (AACT), James Minto (WC) and Brad Hetharia (WC) won the team silver.

The selectors have previously noted that the availability of an assistance package for some State/Territory selected athletes and a renewed emphasis on the importance of State/Territory representation in the marathon championship has partially resolved the difficulty the selectors have noted in the past in finding interested athletes to compete in this championship. In 2011, an assistance package was also offered for the half marathon championships and this provided a much needed stimulus in ACT interest.

The selectors also made recommendations to Athletics ACT on the most outstanding awards for non stadium events in all age divisions.

Athletics ACT Cross Country and Road Running Selection Committee

Race Walking Selection Committee Report

The winter walks selection committee had only one task this year, select athletes for the Australian Road Walking Championships which were held in Canberra on 21 August 2011.

Nominations for selection were received from Harry Bates(SCT), Zoe Hunt(NCG), Karina Hopkins(QBN), Thomas Hopkins(QBN), and Callum Burns(ACTLA).

Callum was informed that he was not able to be considered as he was not yet of the age to allow membership of Athletics ACT. The remaining athletes having attained the relevant qualifying times were selected to represent the ACT.

The best performed members of the team were, Harry Bates who placed 3rd in the Mens U18 10k in a time of 50.19, and Zoe Hunt who finished 4th in the Girls U16 5k in a good time of 26.35.

Robin Whyte
Winter Walks Selection Committee Member

Technical Committee Report

A long season of Athletics, which started on April 7 2011 with School Carnivals (25 in all) and the last on November 15 2011.

The early starting was due to the Australian Primary Schools Competition being held in Darwin in September. These carnivals require a lot of setting up, starting at 7.00am and finishing at 2.30pm to approx 3.00pm. On top of the set up ACT Officials had to make sure that school officials (sometimes children) knew the correct weights of equipment, how to use a tape measure and to how to measure throws and jumps, as often they had no idea.

It is hoped with the new school structure for school sports in the ACT in 2012 that these problems will be overcome.

Adding in the High Noon Meets and our regular Interclub competitions a lot of time is required in organising, repairing and maintaining our ACT equipment. There is ongoing work in the Technical area as we have so many competitions, with replacement of equipment that is damaged, change of weights rules, and new equipment orders.

A full inventory of all ACT (and left over AA equipment) is almost complete and should be finished by the start of the new season.

Next year in 2013 the Australian Masters Championships will be held in Canberra and the Technical committee has been asked to help with support in the equipment management during the March/April competition.

In conclusion a thank you the Technical Committee over the season and in particular Jack Dirou who helped at almost all the school carnivals at both set up and then with Ian Colquhoun and Owen Heness on the Track.

Chris Timpson OAM
ACT Technical Committee

Track & Field Competition Committee Report

This season completes my seventh as Competition Manager. The season had 15 competition weeks, the same as last year. There were regular breaks through the season, approximately once per month in line with the last two seasons. There were, as previously, two competitions held jointly with ACT Vets (ACTVAC) and in a very supportive move, they hosted AACT athletes on two additional dates when AACT would not have had competition due to the Queenbeyan Gift and the ACTLA Regional Championships weekends. The first of these was very well attended and the second was affected by very wet weather conditions. ACTA did not host any National Series meets although we did sound out AA about conducting a limited event involving jumps and relays. Unfortunately this did not eventuate because of a very crowded national calendar.

All completion was moved to Friday nights after inconclusive support to continue with the mix of Friday and Saturday evenings. All competitions started at 6:30pm with the exception of the Junior and Open Championships.

After a very successful trial in the winter High Noon meets, all athlete entries ran through Meet Manager and this resulted in much less work at the start and the finish of races. There are still a very small number of data entry errors that need to be monitored such as times not entered in the system which results in athletes being wrongly seeded or athletes ticking the wrong events.

ACTVAC again were generous in their support of the walking community hosting a walk each Thursday. Walkers were still able to compete at Summer Competition and after a request from AIS coaches, we again hosted a well supported number of walk-only events.

There were no problems on the conduct of the meets in that all competition finished at or slightly before the scheduled time although there were too many occasions where equipment was not set up in time by the AIS attendants, the wind gauge was not working or the photo finish was causing problems. This causes great stress upstairs in the Administration area. The AIS were contacted on each occasion as well as seeking the support of the AIS Track and Field coaches in conducting meets to the required standard.

Requests for additional events from coaches and athletes were again done smoothly through the use of emails and publishing changes on the website. We were able to support a number of interstate athletes with additional events when requested with enough notice.

The Junior Championships were held over two consecutive weekends and there was a fairly good attendance. There were a number of parental complaints about the check-in time for this event and, despite being well advertised, caused heated discussions in check-in.

The Open Championships were again held with ACTVAC. Athletics Australia (AA) had again set a narrow competition window and we were thus restricted in dates. ACTLA had 'beaten' us to the AIS booking diary and we had the Open Championships starting after their event on both days. The actual days ran very well with adequate numbers of Officials and helpers from both groups. From an analysis of results, the numbers of athletes from both groups competing was again very low (perhaps because of the later start times), however, there is a serious need to question the ongoing future of stand-alone Open championships. The on-line entry system again worked well and the Championship competition program was finalised quickly after entries closed.

In addition we held separate nights for the 10km Championship held jointly with the ACTVAC (but poorly attended by AACT athletes), and the Junior 3km/ Open and U20 5km held at the end of a normal Summer Competition program. The 3/5km event was bolstered by ACT Triathlon using it as a lead up race to their Nationals.

A representative group from clubs, ACTVAC and ACT LA met before the season to work on new initiatives. Two of these were the 3km Open Championships, which ACT Vets also used as a new event and the mile. I have to apologise to the planning group who did a significant amount of work on trying to establish a 'team challenge' which I did not put into the program. It is something which should be looked at again for next summer season. The brief from this group was that competition meets should be "short and focused" but I

know that there are some people who think that the meets should be extended more to allow athletes to compete in more events. This year I brought back the additional trial standards for field events based on national standards. I think this allowed elite athletes to get more rounds in while still allowing lower performing athletes to get an experience in the event. I would not support an extension to the program as there is already a significant group of people who are at the meet 1 hour before to set up and stay to pack up. The notional program that exists is around 2.5 hours, which means closer to 4 hours for this set-up group.

With a huge effort from Diane Calvert, and the support of some clubs, parents and many Officials, AACT was able to re-establish a two day ACT Multi event Championship. A report on the Championships was made by Diane about these Championships and the desire for them to continue as an annual event.

I would like to thank the many people who work with dedication for athletics but in particular: Mick Morris who attends to many technical issues around data, Chris Timpson (and his trusted off-sider Jack Dirou) whose technical expertise in setting up the field of play is greatly appreciated, Neil and Kerry Boden for their ongoing support of athletics across many groups, Ian Colquhoun who has mentored many of the Officials in Canberra and Wendy Pinkerton in the office who has been of great support and took on the additional work of doing the Officials/Volunteer roster each week.

I would like to thank the ACTVAC completion committee, ACTVAC President Jeff Gray and in particular Ken Smith for being open to the 2011/12 joint initiatives. Ken and I have been able to work very efficiently together to put programs together in a very timely manner.

Next season will see some more challenges as we have applied to AA to conduct the National Championships for Athletes with a Disability and also perhaps a round of the National Series.

Issues that have been addressed since last season

1. Lack of support by a majority of athletes to help out running the meets

Wendy was able to complete the Volunteer roster each week by rotation of members. I do not have any information about who did not attend when rostered to help. Before the season started we did request all athletes to help out at the meets and this was reasonable successful. Athletes were asked to nominate 2 dates that they could volunteer on and most did so. For the first meet we had to roster athletes on (without them advising their availability) but this was not necessary for any other meets as athletes nominated themselves and most positions were filled.

2. More joint opportunities with Veterans to ease the workload of officials/helpers of both groups.

The trial of two additional meets was a good start to address work load issues on key people in both groups. I would hope that these could continue in future seasons.

3. Day of Competition

Having the same date of completion seemed to be supported by the majority of athletes and Officials but could still be looked at for next season. I know the Officials that I have talked to support the Friday night as it does not then impinge on their whole weekend.

Issues that need to be addressed for next season

4. Open Championship's future as a stand-alone event

I would make a recommendation that for next season we do not conduct a stand-alone Championship and that we spread Championship events over the January/February/March competition dates.

Interesting Statistics

- * Average number of competitors per Summer Series meet (including Junior & Open Championship) - 96
- * No. of competitors at ACT Junior Championship (3/10 Feb) - 134
- * Number of Open competitors at combined ACT Open/ACTVAC Championship (24/25 March - 133
- * Number of Vets competitors at ACT Open/ACTVAC Championship – 55



Gerard Ryan
Track and Field Competition Committee Chair

Track & Field Selection Committee Report

All Schools 2011:

A team of about 40 athletes were selected to represent the ACT at the 2011 Australian All Schools Championships held at Brisbane in December.

Some outstanding performances were:

Bridget Reilly Gold in both U16G 1500m and 3000m
Lara Sinclair Bronze U16G 400m
Natalie Archer Bronze U18G 3000m

Australian Junior Championships - Sydney March 2012

A team of 65 athletes were selected to represent the ACT at the Australian Underage Championships held in Sydney, March 2012.

Twenty-two medals were won by the ACT team as well as many top 4 finishes. This is a great result for the team, which included quite a few athletes attending their first senior Australian Championships. Here is a brief look at our ACT top 4 results:

Under 14 Girls

Olivia Fogarty Steeple (U15) - 2nd Silver Medal
Katie Golding 800m - 4th

Under 15 Girls

Annabel Laing 200m Hurdles - 2nd Silver Medal
Andrea Thompson Long Jump - 2nd Silver Medal, TJ - 2nd Silver Medal,

Under 16 Girls

Zoe Hunt 3000m Walk - 4th
Ashleigh Resch 3000m Walk - 3rd Bronze Medal

Under 17 Girls

Bridget Reilly 800m - 1st Gold Medal, 1500m - 2nd Silver Medal

Under 18 Girls

Erin Prince Long Jump - 2nd Silver Medal, Discus - 1st Gold Medal

Under 14 Boys

Callum Burns 3000m Walk - 2nd Silver Medal
Kieran Riley 400m - 4th
Josh Torley 1500m - 1st Gold Medal, Steeple (U15) - 1st Gold Medal

Under 15 Boys

Brandon Bardsley	1500m - 3rd Bronze Medal
Damon Edwards	Hammer - 2nd Silver Medal
Joel Findlay	Steeple - 3rd Bronze Medal
Thomas Hopkins	3000m Walk - 2nd Silver Medal

Under 16 Boys

Lachlan Baynham	Discus - 3rd Bronze Medal
Ben Watson	Steeple - 4th

Under 18 Boys

Harry Bates	5000m Walk - 3rd Bronze Medal
Lachlan Calvert	400m Hurdles - 3rd Bronze Medal
Reilly Shaw	Steeple - 1st Gold Medal
Rowan Vergano	Triple Jump - 4th
Jack Walters	Triple Jump - 3rd Bronze Medal

U20 Men

Angus Gould	Long Jump - 1st Gold Medal
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Thank you,

Track & Field Selection Committee 2011 – 2012 Paul Torley, Kathy Southgate & Cathy Tanks

ACT Walkers Report 2011-12

This year was quite an eventful year for the Club. Not only did we have the organising of the 45th Lake Burley Griffin Walking Carnival (LBG) on 9 June we followed this up by conducting the Australian Road Walking Championships on behalf of Athletics ACT just over 10 weeks later. This stretched our volunteer base quite a bit however, as always, members rallied to the cause ensuring that these two major events were a great success. A special thanks to Phil Reading and Robin Whyte for their wonderful support in the organisation of the Championships.

Other than the LBG and the Australian Championships our members helped with, and organised many events this year on behalf of AACT, ACTVAC, and ACTLA as well as our own competitions. Not many clubs as small as ours could handle such a program.

Many thanks go to those who assisted with judging at the many events held during the year and to those who have given up their time to coach both the junior and senior walkers.

The number of entries for the LBG were down on the previous couple of years but continues to be Australia's best attended race walking carnival and the club's only fund raiser which allows us to maintain our low membership fees.

Club members have boosted to 90, which is the highest to date. Upon checking previous records it is in fact well over double the membership we had 10 years ago. Some of this increase is due to the introduction of fitness walks and the website. Of the 90 members 52 competed at some time during the year. It is of some concern that there is a lack of walkers in the Club from teenage to 40 years, on saying that it is particularly pleasing to see the increase in junior members.

The winter competition was well attended with an average of 27 members participating.

The summer track walks were, as always, held with the ACT Veterans Athletics Club on Thursday evenings. These walks are also conducted as Interclub walks on behalf of AACT as there is a full complement of walk judges. This season saw an average of 21 walkers participate each evening.

Our junior athletes performed strongly at the Australian Road Walking Championships, Australian All Schools and the Australian Junior Championships with eight qualifying for the Junior Championship events. Seven of these competed in the walks gaining valuable experience for their future as athletes. Four of these juniors gained a placing in their event.

Congratulations to 23 year old Brendon Reading who has had a really successful year. In February he walked the 20K in the World Race Walking Challenge in Taicang, China in a season's best time of 1.25.05. He is now ranked 17 on the All Time Australian Ranking list and 7th in Australia for 2012. What a great achievement!

Many discussions have taken place regarding affiliation with Athletics ACT. The Club was affiliated in the past but this has lapsed over the last few years. This project is ongoing and I urge the incoming committee to pursue this further.

Over the past year the Club has been financially and administratively strong. We cannot afford to take this for granted and if this is to continue then members must give consideration to filling roles on the committee.

During 2013, which is Canberra's Centenary Year, we will not only be conducting the 46th LBG in June, but we will also be organising the Australian Masters Athletics Championship walks at Easter and assisting with the walks at the Australian Little Athletics Championships in April. Given all that it looks to be another busy year.

Congratulations to all who have achieved their goals during the summer and winter seasons. At the end of the day it is all about participation, enjoyment, fitness and personal satisfaction.

A big thank you to all members who made 2011/2012 a most enjoyable year.

Val Chesterton
President
ACT Race & Fitness Walking Club Inc.

2011/2012 Annual Awards Presentation Nominees**Outstanding Athlete**

Each award is presented to the most outstanding male and female athlete in each age group taking into account performances at International, National and State events. Awards are presented to athletes in age groups from Under 14 to Open, in both CC&RR and T&F competition.

Outstanding Athlete - Cross Country & Road Running**Open Men Nominations**

Martin Dent (WC)
Erwin McRae (NCG)
Mark Bourne (WH)
Rowan Walker (NCG)
Philo Saunders (WC)
Anthony Haber (NCG)
Brendon Reading (NCG)

Winner - Martin Dent**Under 20 Male Nominations**

Joshua Johnson (WC)
Declan Wilson (WC)

Winner – Joshua Johnson**Under 18 Male Nominations**

Reilly Shaw (NCG)
Samuel Tickle (WH)

Winner – Samuel Tickle**Under 16 Male Nominations**

Patrick Jackson (WH)
Thomas Harrison (WC)
Ben Watson (NCG)
Harry Bates (SCT)

Winner – Patrick Jackson**Under 14 Male Nominations**

Callum McClusky (WC)
Joshua Torley (WC)
Joel Findlay (NCG)
Mitch Braithwaite (NCG)
Jack Watson (NCG)

Winner – Joshua Torley**Open Female Nominations**

Sarah McRae (WH)
Emily Brichacek (WC)
Hannah Flannery (SCT)
Elizabeth Humphries (WC)
Lisa Corrigan (WC)
Ann Staunton-Jugovic (SCT)

Winner – Emily Brichacek**Under 20 Female Nominations**

Sarah Lonsdale (NCG)

Winner – Sarah Lonsdale**Under 18 Female Nominations**

Natalie Archer (WH)
Anna McCormack (SCT)
Emily Ryan (WH)

Winner – Natalie Archer**Under 16 Female Nominations**

Nicola Torley (WC)
Bridget Reilly (SCT)
Hannah McClusky (WC)
Zoe Hunt (NCG)

Winner – Nicola Torley**Under 14 Female Nominations**

Olivia Fogarty (WC)
Cassie Hopkins (QBN)
Anika Morling (NCG)

Winner – Olivia Fogarty

Outstanding Athlete - Track & Field**Open Male Nominations (Able-bodied)**

Brendan Cole (QBN/AIS)
 Philo Saunders (WC)
 Tim Driesen (AACT)

Winner – Brendan Cole

Open Male Nominations (AWD)

Hamish MacDonald (AACT)
 Damien Bowen (QBN)
 Richard Nicholson (NCG)

Winner – Damien Bowen

Under 20 Male Nominations (Able-bodied)

Angus Gould (NCG)
 Stuart Grey (NCG)
 Jonathan Tammen (SCT)

Winner – Angus Gould

Under 20 Male (AWD)

Winner - Jayden Sawyer (JTS)

Under 18 Male Nominations (Able-bodied)

Harry Bates (SCT)
 Samuel Tickle (WH)
 Rowan Vergano (NCG)
 Lachlan Calvert (NCG)
 Reilly Shaw (NCG)
 Cameron Nicholls (NCG)
 Jack Walters (NCG)

Winners – Lachlan Calvert & Reilly Shaw

Under 18 Male (AWD)

Winner - William McNeill (JTS)

Under 16 Male Nominations (Able-bodied)

Brandon Bardsley (AACT)
 Jack Caldwell (GM)
 Joshua Torley (WC)
 Damon Edwards (AACT)
 Joel Findlay (NCG)
 Lachlan Baynham (SCT)
 Thomas Hopkins (QBN)
 Ben Watson (NCG)
 Adrian Plummer (SCT)

Winner – Joshua Torley

Open Female Nominations (Able-bodied)

Lauren Boden (NCG/AIS)
 Melissa Breen (WH/ACTAS)
 Kerrie Perkins (QBN)
 Emily Brichacek (WC)

Winner – Lauren Boden

Open Female Nominations (AWD)

Louise Ellery (NCG)
 Katherine Proudfoot (NCG)

Winner – Katherine Proudfoot

Under 20 Female Nominations (Able-bodied)

Chloe Jamieson (Bega)
 Rachael Carnegie (NCG)

Winner – Chloe Jamieson

Under 18 Female Nominations (Able-bodied)

Bridget Reilly (SCT)
 Natalie Archer (WH)
 Erin Prince (WH)
 Erika Vredembregt (NCG)
 Maddison McGarry (NCG)
 Hannah McClusky (WC)

Winner – Erin Prince

Under 18 Female Nominations (AWD)

Winner - Erinn Walters (JTS)

Under 16 Female Nominations (Able-bodied)

Bridget Reilly (SCT)
 Lara Sinclair (NCG)
 Olivia Fogarty (WC)
 Annabel Laing (QBN)
 Andrea Thompson (QBN)
 Cassandra Hopkins (QBN)
 Zoe Hunt (NCG)
 Ashleigh Resch (SCT)

Winner – Bridget Reilly

Under 16 Male Nominations (AWD)
Winner - Lachlan Foote (JTS)

Under 14 Male Nominations (Able-bodied)

Brandon Bardsley (AACT)
 Adrian Plummer (SCT)
 Callum Burns (NCG)
 Kieran Reilly (SCT)

Winner – Callum Burns

Under 16 Female Nominations (AWD)
Winner - Sune Janse Van Rensburg

Under 14 Female Nominations (Able-bodied)

Annabel Laing (QBN)
 Lillian Van Ewyk (AACT)
 Katie Golding (NCG)
 Courtney Hopkins (QBN)

Winner – Annabel Laing

Individual Interclub Point Score Champion

This award is presented to the AACT athlete who accumulates the greatest number of points at the Interclub Track and Field competitions conducted during the season and the ACT Championship events.

Winner 2011/2012 – Erika Vredembregt – 782 points

Summer Series Club Champions – Age Groups

Age Group	Female	Male
Under 14	North Canberra Gunghalin	North Canberra Gunghalin
Under 16	North Canberra Gunghalin	North Canberra Gunghalin
Under 18	North Canberra Gunghalin	North Canberra Gunghalin
Under 20	Woden Harriers	South Canberra Tuggeranong
Open	North Canberra Gunghalin	North Canberra Gunghalin

Canberra Medal

Canberra Medals are awarded to AACT first-claim registered athletes who, in any particular open event, either equal or better the standards set by AACT. Wind assisted performances will not be taken into account. An athlete may not win more than one medal in any season but all medal winning performances will be recognised on the award. The standards will be reassessed each even year.

	Event	Time / Standard	
Martin Dent	Marathon	2:12.23s (2:13.26s)	Fukuoka, Japan, 2011
Brendan Cole	400m H	49.41s (49.61s)	Melbourne, March 2012
Melissa Breen	100m	11.31s (11.46s)	Melbourne, April 2012
Lauren Boden	400m H	55.45s (56.85s)	Sydney, February 2012
Emily Brichacek	5000m	15:38.10 (15:40.24)	2012

The Dot Mills Award - Official of the Year

This inaugural award was initiated in 2009 to recognise the outstanding work carried out by AACT Officials during the summer Track & Field season.

Winner – Chris Timpson

Daryl Cross Trophy - Coach Of The Year

The award is presented to the outstanding coach of athletes in the ACT. Consideration for the award will be given only to coaches who are members of the Australian Track and Field Coaches Association or AACT.

Nominations

Matt Beckenham
Philo Saunders
June Ellery
Brett Robinson

Winner – Matt Beckenham**Brian Gleeson Trophy - Junior Coach of The Year**

The award is presented to the outstanding coach of junior athletes in the ACT. Consideration for the award will be given only to coaches who are members of the Australian Track and Field Coaches Association or AACT.

Nominations

Garry Hosking
John Hunt
Alan Bishop
Dennis Goodwin
Val Chesterton
Suzie Fulop
Gerard Ryan
Paul Torley
Phil Alchin
Jordan Reynolds

Winner – Gerard Ryan**Joan Cross Trophy -Outstanding Senior Woman Sprinter**

This award is presented to the outstanding female sprinter in the Open age group.

Winner - Melissa Breen**Mick Dowling Trophy - Outstanding Athlete with a Disability**

This award is presented to the outstanding athlete with a disability taking into consideration performances against world and national records for any athlete with any classification of disability.

Winner - Katherine Proudfoot**Senator Margaret Reid Trophy - Outstanding Junior Club Athlete**

This award is presented to the outstanding junior athlete, generally in the Under 20 age group but for outstanding performances during the previous season may be presented to an Under 18 athlete.

Nominations

Angus Gould
Harry Bates

Winner – Angus Gould

Global Award Athlete of the Year

The Association Award is presented to the most outstanding athlete in the ACT taking into account all performances.

Nominations

Martin Dent

Damien Bowen

Katherine Proudfoot

Lauren Boden

Brendan Cole

Emily Brichacek

Winner – Lauren Boden