



2017 Summer Series Meet No 10 Saturday 10th February 2018, AIS Athletics Field

Entry Fee: \$9.00 On-Line

\$19.00 On-Day (\$10.00 On-Day for Gold Members)

	Track - Male & Female	Field - Male & Female
3:30pm		Pole Vault - 2.80m starting height (15 min check-in)
3:40pm	1500/2km/3km Low Steeple (15 min check-in) 2k/3k High Steeple	
4:00pm		High Jump - 0.90m starting height Long Jump - 4.50m or greater Javelin
4:10pm	1500/3km/5km Walk - no runners (hand timed)	
4:15pm	Long Hurdles (200 metres, then 400 metres)	
4:30pm	60 metres	Pole Vault - 1.50m starting height
4:45pm	100 metres	
5:15pm	800 metres	High Jump - 1.50m starting height
5:30pm		Long Jump - less than 4.50m Shot Put
5:45pm	200 metres	
6:10pm	3km Junior Women Championships - U14/U16/U18	
6:25pm	3km Junior Men Championships - U14/U16/U18	
6:40pm	3000/5000 metres - All other runners	

Additional Notes:

- Events may start up to 10 minutes early depending on how other events have gone through the night USUALLY with at least 30 minute's notice.
- Track events with multiple heats will be run from fastest to slowest.
- It is up to the Event Chief to determine how many throws or horizontal jumps each athlete will get in the time slot allowed but as a general rule each athlete should expect to get at least 4 attempts.
- If no steeple entries are received via the on-line entries, the event will be cancelled due to the resources required to put the event on.