



**2017 Summer Series Meet No 2      Saturday 14<sup>th</sup> October 2017, Woden Park Athletics Field**

**Entry Fee: \$9.00 On-Line  
\$19.00 On-Day (\$10.00 On-Day for Gold Members)**

	Track - Male & Female	Field - Male & Female
3:45pm		Hammer (15 min check-in)
4:00pm	1500m/3km/5km Walk (no runners) - hand timed	Triple Jump
4:10pm	200m/400m Hurdles (in that order)	
4:30pm	60 metres	
4:40pm	100m	
4:30pm		Shot Put (Women)
5:00pm	1500m	
5:20pm	400m	Shot Put (Men) Long Jump
5:50pm	200m	
6:15pm	3km/5km Run (no walkers)	

**Additional Notes:**

- Events may start up to 10 minutes early depending on how other events have gone through the night USUALLY with at least 30 minute's notice.
- Track events with multiple heats will be run from fastest to slowest
- It is up to the Event Chief to determine how many throws or horizontal jumps each athlete will get in the time slot allowed but as a general rule each athlete should expect to get at least 4 attempts