



| | 14 th October | 20 th October | 28 th October | 29 th October | 4 th November | 11 th November | 18 th November | 19 th November | 25 th November | 7 th December | 17 th December | 7 th October | 13 th /14 th January | 19 th /20 th January | 26 th -28 th January | 1 st February | 10 th February | 24 th February | 3 rd March | 10 th March | |
|------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---------------------------|---------------------------|---------------------------|---------------------------|--------------------------|---------------------------|-------------------------|--|--|--|--------------------------|---------------------------|---------------------------|-----------------------|------------------------|---|
| | Woden | Woden | Woden | AIS | Woden | Woden | Woden | AIS | Woden | Woden | Woden | Woden | AIS | AIS | AIS | Woden | AIS | AIS | AIS | Woden | |
| 100m | ● | ● | ● | | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | | ● | ● | ● | ● | ● |
| 200m | ● | ● | ● | | ● | ● | ● | | ● | ● | ● | ● | ● | | ● | | ● | ● | ● | ● | ● |
| 400m | ● | ● | ● | | ● | ● | ● | | ● | ● | | ● | ● | ● | ● | | | ● | ● | ● | ● |
| 800m | | ● | | | ● | | ● | | | ● | | ● | ● | ● | ● | | | ● | | ● | ● |
| 1500m | ● | | ● | | | ● | | | ● | | ● | | ● | ● | ● | | | | ● | | ● |
| 3000m | ● | ● | ● | | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | | ● | ● | ● | ● | ● |
| 5000m | ● | | ● | | | ● | | | ● | ● | | | ● | ● | ● | ● | ● | | ● | | ● |
| Sprint Hurdles | | | ● | | | ● | | | ● | | ● | | ● | ● | ● | | ● | | ● | | ● |
| Long Hurdles | ● | | | | ● | | ● | | | ● | | ● | ● | ● | ● | | | ● | | ● | |
| Steeplechase | | | ● | | | ● | | | ● | | ● | | ● | ● | ● | | | ● | | ● | |
| 1500m/3000m Walk | ● | ● | ● | | ● | ● | ● | | ● | ● | ● | ● | ● | ● | ● | ● | | | ● | | ● |
| 5000m Walk | ● | | ● | | | ● | | | ● | | ● | | ● | ● | ● | | | ● | | ● | ● |
| 2 x 100m Relay | | ● | | | ● | | ● | | | ● | | ● | ● | ● | ● | | | | ● | | ● |
| Long Jump | ● | | ● | | | ● | | | ● | | ● | | ● | ● | ● | | | ● | | ● | ● |
| Triple Jump | ● | | ● | | ● | | ● | | ● | | ● | | ● | ● | ● | | | ● | | ● | ● |
| High Jump | | | ● | | ● | | ● | | ● | | ● | | ● | ● | ● | | | ● | | ● | ● |
| Pole Vault | | | | ● | | | | ● | | | | | ● | ● | ● | | | ● | | ● | ● |
| Hammer | ● | | | | | | ● | | | ● | | | ● | ● | ● | | | ● | | ● | ● |
| Javelin | | | ● | | ● | | ● | | ● | | ● | | ● | ● | ● | | | ● | | ● | ● |
| Discus | | | | | ● | ● | | | ● | | ● | | ● | ● | ● | | | ● | | ● | ● |
| Shot Put | ● | | ● | | | ● | | | | ● | ● | | ● | ● | ● | | | ● | | ● | ● |

Note:

- 18th November – AACT/Masters 3000m Open Championships
- 13/14th January – AACT State Mile Championships
- 1st February – Under20/Open 5000m State Championships held with ACT Masters
- 10th February – 10th February Under 18/16/14 3000m State Junior Championships

