



	14 th October	20 th October	28 th October	29 th October	4 th November	11 th November	18 th November	19 th November	25 th November	7 th December	17 th December	7 th October	13 th /14 th January	19 th /20 th January	26 th -28 th January	1 st February	10 th February	24 th February	3 rd March	10 th March	
	Woden	Woden	Woden	AIS	Woden	Woden	Woden	AIS	Woden	Woden	Woden	Woden	AIS	AIS	AIS	Woden	AIS	AIS	AIS	Woden	
100m	●	●	●		●	●	●		●	●	●	●	●	●	●		●	●	●	●	●
200m	●	●	●		●	●	●		●	●	●	●	●		●		●	●	●	●	●
400m	●	●	●		●	●	●		●	●		●	●	●	●			●	●	●	●
800m		●			●		●			●		●	●	●	●			●		●	●
1500m	●		●			●			●		●		●	●	●				●		●
3000m	●	●	●		●	●	●		●	●	●	●	●	●	●		●	●	●	●	●
5000m	●		●			●			●	●			●	●	●	●	●		●		●
Sprint Hurdles			●			●			●		●		●	●	●		●		●		●
Long Hurdles	●				●		●			●		●	●	●	●			●		●	
Steeplechase			●			●			●		●		●	●	●			●		●	
1500m/3000m Walk	●	●	●		●	●	●		●	●	●	●	●	●	●	●		●		●	●
5000m Walk	●		●			●			●		●		●	●	●			●		●	●
2 x 100m Relay		●			●		●			●		●	●	●	●				●		●
Long Jump	●		●			●			●		●		●	●	●			●		●	●
Triple Jump	●		●		●		●		●		●		●	●	●			●		●	●
High Jump			●		●		●		●		●		●	●	●			●		●	●
Pole Vault				●				●					●	●	●			●		●	●
Hammer	●						●			●			●	●	●			●		●	●
Javelin			●		●		●		●		●		●	●	●			●		●	●
Discus					●	●			●		●		●	●	●			●		●	●
Shot Put	●		●			●				●		●	●	●	●			●		●	●

Note:

- 18th November – AACT/Masters 3000m Open Championships
- 13/14th January – AACT State Mile Championships
- 1st February – Under20/Open 5000m State Championships held with ACT Masters
- 10th February – 10th February Under 18/16/14 3000m State Junior Championships

