

2019 Summer Down Under Day 1 - Sunday 20th January 2019

4pm – 4:45pm - SDU Athlete Check In (Please sign in for ALL events at this time)

4:30pm	Track Open for W/up
5:30pm	100m T32/T34/T54 Women/Junior Girls
5:32pm	100m T53/T54 Women/Junior Girls
5:34pm	100m T51/T52 Men/Junior Boys
5:36pm	100m T34/54 Junior Boys
5:38pm	100m T53/T54 Men

5:42pm	100m AACT
5:45pm	100m AACT
5:48pm	100m AACT
5:51pm	100m AACT
5:54pm	100m AACT

6:00pm	1500m T32/T34 Women
6:06pm	1500m Open Women
6:16pm	1500m T52 Men
6:22pm	1500m Open Men Heat 1
6:28pm	1500m Open Men Heat 2

6:34pm	1500m AACT
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6:42pm	400m T32/T34/T54 Women/Junior Girls
6:46pm	400m T53 Women
6:50pm	400m T54 Women
6:54pm	400m T51/T52 Men
6:58pm	400m T34 Men/Junior Boys
7:02pm	400m T53/T54 Men/Junior Boys
7:06pm	400m T54 Men

7:10pm	400m AACT
7:14pm	400m AACT
7:18pm	400m AACT
7:22pm	400m AACT

7:30pm	5000m Open Women
7:50pm	5000m Open Men

8:00pm	3000m AACT
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8:15pm Day 1 Close

2019 Summer Down Under Day 2 - Monday 21st January 2019

4pm – 4:45pm - SDU Athlete Check In (Please sign in for ALL events at this time)

4:30pm	Track Open for W/up
5:30pm	100m T32/T34/T54 Women/Junior Girls
5:32pm	100m T53/T54 Women/Junior Girls
5:34pm	100m T51/T52 Men/Junior Boys
5:36pm	100m T34/54 Junior Boys
5:38pm	100m T53/T54 Men

5:45pm	Sprint Hurdles AACT
5:49pm	Sprint Hurdles AACT
5:53pm	Sprint Hurdles AACT

6:00pm	400m T32/T34/T54 Women/Junior Girls
6:03pm	400m T53 Women
6:06pm	400m T54 Women
6:09pm	400m T51/T52 Men
6:12pm	400m T34 Men/Junior Boys
6:15pm	400m T53/T54 Men/Junior Boys
6:18pm	400m T54 Men

6:21pm	400m AACT
6:24pm	400m AACT
6:27pm	400m AACT

6:36pm	200m T32/T34/T54 Women/Junior Girls
6:39pm	200m T53/T54 Women
6:43pm	200m T51/T52 Men
6:47pm	200m T34/T54 Men/Jnr Boys
6:50pm	200m T53/T54 Men

6:53pm	200m AACT
6:56pm	200m AACT
6:59pm	200m AACT
7:02pm	200m AACT

**2019 Summer Down Under Day 3 - Tuesday 22nd January 2019
(Rolling Program)**

4pm – 4:45pm - SDU Athlete Check In

5.00pm Track Open for W/up

6:00pm 100m

6:20pm 1500m

6:40pm 400m

7:00pm 800m

7:20pm 200m

7:45pm 5000m

