



2017 High Noon Meet No 9 - Saturday 24th September 2017, AIS

Entry fee: \$6.50 On-Line, \$14.00 On-Day

	Track - Male & Female	Field - Male & Female
11:30am	## 2km/3km Steeplechase (Low then High)	
12:00pm	1500m/3km/5km walk (no runners) - hand timed	High Jump (0.90m starting height) Long Jump (4.50m or greater) Javelin
12:05pm	200 Metre Hurdles 400 Metre Hurdles	
12:20pm	100 Metres	
12:35pm	800 Metres	
12:45pm	300 Metres (Note: changed from previously advised 400 metres)	High Jump (1.50m starting height) Long Jump (less than 4.50m)
1:05pm	200 Metres	
1:15pm	3km run (no walkers)	

Additional Notes:

- Unless otherwise indicated, check-in for all events closes 30 minutes prior to the scheduled start time of the event
- Events may start up to 10 minutes early depending on how other events have gone, USUALLY with at least 30 minutes notice.
- In the throws or horizontal jumps, each athlete will be limited to 4 attempts or the event to approximately 40 minutes duration
- Any requests for additional events to be added to the program must be made to the AACT Competition Director (Mr Gerard Ryan) at least 10 days prior to the date of the competition

Selection Trial - All Schools Specialist Events in addition to normal AACT event