

2018/19 Season: **DRAFT 5 (October 30)** Track and Field Event Roster for all Summer Comp Meets

	6 Oct	20 Oct	3 Nov	8 Nov Masters Hosted	17 Nov CBR Twilight	23 Nov Throws Meet	24 Nov	1 Dec Relay Meet	6 Dec Masters Hosted	16 Dec	5 Jan	12-13 Jan Comb Event	19-20 Jan SDU	27-28 Jan National Series	2 Feb	8-10 Feb ACT Champs	16 Feb PB Meet 1	23 Feb	2 March	9 March PB Meet 2	23 March	Total for season
	AIS	Woden	AIS	Woden	AIS	Woden	AIS	AIS	Woden	TBC	Woden	AIS	AIS	AIS	AIS	AIS	AIS	Woden	Woden	AIS	Woden	
Long Jump	✓	✓		✓	✓			✓	✓	✓		✓				✓	✓		✓	✓	✓	10
Triple Jump			✓	✓			✓		✓		✓				✓	✓		✓		✓		11
High Jump	✓	✓	✓	✓			✓	✓	✓	✓					✓	✓		✓		✓		12
Pole Vault			✓	✓	✓		✓		✓		✓					✓	✓		✓		✓	11
Hammer			✓	✓			✓	✓	✓	✓	✓					✓		✓		✓		9
Javelin	✓	✓		✓		✓		✓	✓			✓			✓	✓	✓		✓		✓	11
Discus			✓	✓		✓			✓	✓	✓				✓	✓		✓		✓		11
Shot Put	✓	✓		✓	✓	✓			✓			✓				✓	✓		✓		✓	10
60	✓		✓	✓			✓		✓						✓					✓		5
100	✓		✓	✓	✓				✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓	18
200	✓		✓	✓			✓		✓		✓	+100y	✓			✓	✓	✓	✓	✓	✓	16
300				✓	✓				✓											✓		1
400	✓		✓	✓					✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	15
800	✓		✓	✓	✓				✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	12
1500				✓			✓		✓		✓	✓	✓			✓	✓	✓	✓	✓	✓	10
2 x 100m Relay	✓	✓	✓	✓				✓	✓	✓									✓		✓	8
2 x 400m Relay				✓				✓														
4 x 100m Relay				✓				✓														
4 x 400m Relay				✓				✓														
Dist Med Relay				✓				✓														
Swedish Relay				✓				✓														
Sprint Hurdles	✓			✓	✓			✓	✓	✓						✓		✓		✓	✓	7
Long Hurdles			✓	✓			✓		✓		✓					✓	✓		✓	✓	✓	10
1500/3k Walk	✓		✓	✓	✓		✓		✓	✓	✓				✓	✓	✓	✓	✓	✓	✓	15
5k Walk	✓		✓	✓					✓	✓	✓					✓	✓	✓	✓	✓	✓	9
3k Run	✓		✓	✓	✓*		✓		✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	18
5k Run				✓			✓		✓	✓	✓				✓***	✓		✓		✓	✓	9
Steeplechase	✓		✓	✓			✓		✓		✓					✓	✓			✓	✓	7

17th November *AACT 3k Open and Junior Championship

12/13th January **AACT Mile Championships

2nd February * Under 20/Open 5km Championship**