

2018/2019 AACT Track & Field Series: DRAFT 3 (July 28)



	6 Oct	13 Oct	20 Oct	26 Oct School Nitro	3 Nov	8 Nov Masters Hosted	17 Nov CBR Twilight & ACT 3000m	24 Nov Club Nitro	1 Dec Relay Meet	6 Dec Masters Hosted	16 Dec	5 Jan	12-13 Jan Comb Events & All-comers	19-20 Jan SDU	27-28 Jan Canberra Festival of Athletics	2 Feb	8-10 Feb ACT Champs	16 Feb CBR PB Series	23 Feb	2 March	9 March CBR PB Series	23 March	Total for season
	AIS	Woden	Woden	Woden	AIS	Woden	Woden	Woden	Woden	Woden	Woden	Woden	AIS	AIS	AIS	AIS	AIS	AIS	Woden	Woden	AIS	Woden	
Long Jump	✓		✓				✓	✓			✓		✓				✓	✓		✓		✓	10
Triple Jump		✓			✓							✓	✓			✓	✓		✓		✓		8
High Jump	✓		✓					✓			✓		✓			✓	✓		✓		✓		9
Pole Vault		✓			✓		✓				✓	✓	✓				✓	✓		✓		✓	9
Hammer		✓			✓						✓	✓					✓		✓		✓		7
Javelin	✓		✓				✓	✓					✓			✓	✓	✓		✓		✓	10
Discus		✓			✓						✓	✓	✓			✓	✓		✓		✓		9
Shot Put	✓		✓				✓	✓					✓				✓	✓		✓		✓	9
60	✓				✓											✓					✓		5
100	✓	✓			✓		✓				✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
200	✓	✓			✓						✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	
300							✓																
400	✓	✓			✓						✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
800	✓											✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	9
1000							✓																
1500		✓			✓						✓		✓ mile	✓			✓	✓		✓		✓	9
2 x 100m Relay	✓		✓		✓				✓		✓	✓								✓		✓	6
2 x 400m Relay									✓														
4 x 100m Relay									✓														
4 x 400m Relay									✓														
Dist Med Relay									✓														
Swedish Relay									✓														
Sprint Hurdles	✓						✓	✓			✓		✓				✓		✓		✓		9
Long Hurdles		✓			✓							✓	✓				✓	✓		✓		✓	8
1500/3k Walk	✓	✓			✓		✓				✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	
5k Walk	✓				✓						✓	✓	✓			✓	✓		✓		✓	✓	
3k Run	✓	✓			✓		✓*				✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
5k Run		✓										✓	✓			✓***	✓		✓		✓		
Steeplechase	✓				✓								✓				✓	✓			✓		6

17th November *AACT 3k Open and Junior Championship
12/13th January **AACT Mile Championships
2nd February * Under 20/Open 5km Championship**